Medicine in the Next Decade: Challenges and Opportunities
NAAMA’s 24th International Medical Convention

InterContinental Phoenicia Hotel
Beirut, Lebanon
June 26 - July 1, 2010

Presented By:
The National Arab American Medical Association (NAAMA)

In Collaboration with
Schools of Medicine of:
- American University of Beirut
- Beirut Arab University
- Holy Spirit University of Kaslik
- Lebanese American University
- Lebanese University
- University of Balamand
- Université Saint-Joseph

Featuring Keynote Address
“Medicine and Medical Research in the Next Decade”
by
Dr. Elias Zerhouni
Professor of Radiology and Biomedical Engineering,
Johns Hopkins University School of Medicine, and
Former Director, National Institutes of Health
The National Arab American Medical Association (NAAMA) is a nonprofit, nonpolitical, educational and humanitarian organization. Its members are medical professionals of Arab descent, or have a close affinity with individuals of Arabic origin, or demonstrate a commitment to the mission and organizational objectives of NAAMA.

The objectives of NAAMA encompass a wide range of professional, educational, charitable, humanitarian and cultural activities.

NAAMA
801 S. Adams Rd., Suite 208
Birmingham, MI 48009
P. 248.646.3661 F. 248.646.0617
naama@naama.com
Dear Colleagues and Friends:

It gives me great pleasure to invite you and your families to join us for NAAMA’s 24th International Medical Convention in Beirut, Lebanon, from June 26 - July 1, 2010. This Convention will be organized in collaboration with the seven Lebanese medical schools.

Much has changed in the six years since our last convention in Beirut. Our Association is now stronger in membership and spheres of influence. We look forward to a wonderful week of stimulating scientific sessions, exciting excursions and a great social program. For those of us who know Lebanon, the allure of Beirut and its surroundings needs no introduction. For first-timers, we can promise you an exciting and enriching experience.

Dr. Samer S. Najjar and members of the Scientific Committee are working on a strong scientific program entitled “Medicine in the Next Decade: Challenges and Opportunities.” It will feature distinguished speakers from NAAMA and authorities in the various fields of medicine. Specialty Symposia on Cardiac Electrophysiology, Surgical Pathology and Infectious Diseases will also be presented.

In tandem with the scientific program, NAAMA is organizing activities for volunteers in health services and education. We can also make arrangements for high school students who are interested in visiting the universities in Lebanon. Please call the NAAMA office for details.

The Convention will be held at the luxurious InterContinental Phoenicia Hotel, located in the central business district of Beirut and overlooking the Mediterranean. Hotel packages include 5-night accommodations, a daily buffet breakfast, transportation from and back to Beirut-Rafik Hariri International Airport, a welcome reception, two lunches and the Gala dinner. A selection of half-day tours to archeological and tourist sites of interest, a full-day tour to Baalbeck and an exciting pre- or post-convention tour to Turkey are also available. Please review the contents of the brochure carefully. Early registration for the convention and the travel packages is strongly recommended since the convention falls in the high season and we anticipate a large turnout. Please address all travel inquiries to K Tours and registration inquiries to the NAAMA office.

I look forward to seeing you in Beirut and sharing with you a very successful and exciting convention.

Sincerely,

Amin J. Barakat, MD
Chair, 24th NAAMA International Medical Convention
Beirut, 2010
**At a Glance...**

**Scientific Program**

Day 1: Sunday, June 27 (10:00AM-1:00PM)

**Session 1**
- Opening Ceremony
  H. E. Dr. Mohammad Jawad Khalifeh, Lebanese Minister of Public Health
- Medicine and Medical Research in the Next Decade
  *Keynote Speaker: Dr. Elias Zerhouni*
- Medical Education in Lebanon: Present and Future
  *Panel Discussion by the Deans of the seven medical schools in Lebanon*
  Moderator: President of the Lebanese Order of Physicians

Day 2: Monday, June 28 (8:15AM-1:30PM)

**Session 2** State-of-the-Art in Radiology and Surgery
- Joint Replacement Surgery: Where Do We Stand? (Dr. Raja Chaftari)
- Minimally Invasive Vascular Surgery (Dr. Anton Sidawy)
- Hot Issues in Head and Neck Cancer (Dr. Amine Haddad)
- The Current and Future Role of Radiology and Imaging in Disease Management (Dr. James Thrall)

**Session 3** Globalization of Healthcare
- International Medicine as Viewed from a US Academic Institution (Dr. James Thrall)
- Medicine Joins the Globalization Era (Dr. Hassan Sharif)
- How Can We Bring Our Doctors Home? (Dr. Kamal Badr)

**Session 4** Challenges in Pediatrics
- Childhood Obesity: a New Epidemic (Dr. Amin Barakat)
- Children’s Cancer Center of Lebanon: A Model for Collaboration (Dr. Miguel Abboud)

Day 3: Tuesday, June 29 (8:15AM-1:30PM)

**Session 5** Metabolic and Vascular Medicine
- The Macrocirculation and the Kidney (Dr. Sola Bahous)
- Lipid Lowering Therapy: What’s New? (Dr. Jim Howard)
- Glycemic Control in Diabetes: a Controversy Revisited (Dr. Terry Meriden)
- The Metabolic Syndrome: Is It a New Syndrome and Is It Useful for Clinical Care? (Dr. Barbara Howard)

**Session 6** Updates in Cardiology
- Difficult Cases in Coronary and Peripheral Interventions (Dr. Ramzi Khalil)
- Ventricular Assist Devices for End-Stage Heart Failure (Dr. Samer Najjar)

**Session 7** Clinical Pearls
- New and Promising Therapies in Multiple Sclerosis (Dr. Samia Khoury)
- Advances in Parkinson’s Disease (Dr. Kamal Kallab)
- Infectious Disease Update: Top 10 Bugs of the Next Decade (Dr. Claude Afif)

Day 4: Wednesday, June 30 (8:15AM-4:00PM)

**Session 8** Women’s Health
- Non-invasive First Trimester Prenatal Screening (Dr. Valerie Parisi)
- Breast Cancer: What to Expect in the Next Decade (Dr. Nuhad Ibrahim)
- Cardiovascular Diseases in Women (Dr. Barbara Howard)
- Women’s Health: Successes and Opportunities for Improvement (Dr. Valerie Parisi)

**Session 9** Frontiers in Medicine
- Gene Therapy: Are We There Yet? (Dr. Roger J. Hajjar)
- Solid Organ Transplantation 2000 - 2010: Lessons Learned and New Challenges (Dr. Mohamed Sayegh)

**Session 10** Research Presentations
- Oral Presentations/Poster Presentations

**Reception for Students and Trainees:**
“Networking with NAAMA” and Foundations of Medicine Program: Internationally Accepted Measures of Medical Knowledge
*Dr. Peter Scoles, Senior Vice President*
*National Board of Medical Examiners*

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Members interested in submitting abstracts for oral or poster presentations should comply with the theme of the scientific program and sessions listed. Abstracts can be submitted online at www.naama.com no later than February 28, 2010.
June 26 Symposium I: Cardiac Electrophysiology  
(8:00AM-1:30PM)  
Director: Dr. Marwan Refaat

Session 1

Chair: Dr. Hani Sabbour  
- Opening Speech: Cardiac Electrophysiology in the Arab World  
  (Dr. Nazih Kadri and Dr. Oussama Wazni)  
- Pacemakers: Time Cycles and Troubleshooting  
  (Dr. Amin Al-Ahmad)  
- Cardiac Resynchronization Therapy  
  (Dr. Alaa Shalaby)  
- Challenges in Device Implantation  
  (Dr. Mikhael El-Chami)  
- Sudden Cardiac Death (Dr. Zayd Eldadah)  
- Lead Management (Dr. Samir Saba)

Session 2

Chair: Dr. Ziad F. Issa  
- Paroxysmal Atrial Fibrillation (Dr. Moussa Mansour)  
- Persistent Atrial Fibrillation (Dr. Oussama Wazni)  
- Supraventricular Tachycardia Cases (Dr. Mervat Aboulmaaty and Dr. Salah Chouairi)  
- Ventricular Tachycardia Syndrome (Dr. Walid Saliba)  
- Arrhythmogenic Hereditary Syndromes (Dr. Marwan Refaat)  
- Arrhythmias in Adult Congenital Heart Disease  
  (Dr. Nasser Ammash)  
- Arab Heart Rhythm Association (AHRA)  
  Recommendations

June 29 Symposium II:  
Advances in Infectious Diseases  
(2:30PM-5:00PM)  
Presented by the American Lebanese Medical Association (ALMA)  
Chair: Dr. Souha Kanj-Sharara  
- Advances in the Prevention and Management of Health Care Associated Infections (Dr. Issam Raad)  
- Update on HIV (Dr. Jacques E. Mokhbat)  
- Burden of Influenza Infection: Lessons Learned from Recent Pandemic (Dr. Roy F. Chemaly)  
- Advances in The Diagnosis and Management of Candidiasis (Dr. Ray Hachem)

July 1-2 Symposium III: Updates in Surgical Pathology (TBD)  
Directors: Drs. Ghazi Zaatari & Rouba Ali-Fehmi

NAAMA, in collaboration with the Departments of Pathology at the American University of Beirut and Wayne State University School of Medicine, will present two half-day symposia lectures focused on GYN, GU and GI pathology. This will be a one-of-a-kind symposium geared towards clinicians and pathologists alike. The objectives of the symposium are to provide an understanding of the most current issues in tumor pathology emphasizing the correlations with recent molecular updates and relevance to optimal management. CMEs will be provided to all registered attendees.

Faculty:

Dr. Rouba Ali-Fehmi, Associate Professor of Pathology & OB/GYN, Wayne State University, Detroit, Michigan  
Dr. Fadi Abdul-Karim, Professor and Chief, Department of Pathology, Case Western Reserve University, Cleveland, Ohio  
Dr. Robert Daniel Odze, Professor and Chief, Department of Pathology, Brigham and Women’s Hospital, Boston, Massachusetts  
Dr. Wael Sakr, Professor and Chair, Department of Pathology, Wayne State University, Detroit, Michigan  
Dr. Ghazi Zaatari, Professor and Chair, Department of Pathology, American University of Beirut, Beirut, Lebanon

Other speakers and schedule to be announced.

VERY IMPORTANT!  
PLEASE REGISTER FOR SPECIALTY SYMPOSIA ON NAAMA CONVENTION REGISTRATION FORM!
The content of this educational program was determined by rigorous assessment of educational needs. The activity is intended for physicians, physicians in training, medical students and other healthcare professionals.

Attendees will learn about:

1. Upcoming challenges and opportunities in the practice of medicine
2. Medical education in Lebanon
3. Latest updates in Radiology and Imaging
4. Minimally invasive vascular surgery, joint replacement surgery and head and neck surgery
5. Globalization of healthcare
6. Childhood obesity and childhood cancers
7. Updates on the metabolic syndrome, lipid lowering therapy and diabetes
8. Advances in coronary intervention, peripheral interventions and therapies for advanced heart failure
9. Updates in Parkinson’s disease and multiple sclerosis
10. Update in infectious diseases
11. Women’s health, including cardiovascular disease in women, breast cancer and non-invasive first trimester prenatal screening
12. Gene therapy and solid organ transplantation

FREE! Humanitarian Trip Just Added!

Monday, June 28, 2010

FREE Optional Trip to South Lebanon for an inspection of healthcare facilities – and a bit of fun. Start from Burj El Baranja camp in Beirut and visit the medical centers in El Khiam and Marjaion. Have lunch on Al Wazzani tributary and a fish dinner on Al Hasbani River. There will also be a special program for youth.

For more details, contact Dr. Aziz Shaibani at ataher@aol.com.
**Convention Social Program**

**June 27:**
Tour of downtown Beirut including archaeological sites spanning over 3000 years. Discover Solidere, the beautifully restored old city center with its historic mosques, churches and world-class restaurants.

**June 28:**
Tour of Beiteddine in the Mountain Area (Al Shouf), Moussa Palace and Marie Baz Museum. Dinner at Restaurant Mir Amin Palace.

**June 29:**
Tour the incredible rock formations of the Jeita Grotto, one of the largest underground caverns in the world. Continue to Byblos (Jbeil), the Phoenician city said to be one of the oldest continuously inhabited cities in existence. Dinner at Al Bahar restaurant.

**June 30:**
Shopping excursion in downtown Beirut. Convention Gala Dinner.

**July 1:**
Full-day tour to Baalbeck with lunch (optional)
Leave the coast behind as we drive through the Bekaa to Baalbeck. Long considered one of the gems of Roman archaeology, our visit will explore the highlights of the area including the Temple of Jupiter with its colossal columns, the richly decorated Temple of Bacchus and the Temple of Venus.

Sightseeing package includes transportation, entrance fees, dinners as indicated (excluding alcoholic drinks), local guides, VAT and service charges

**Optional: Pre- or Post-Convention Tour**

June 22-26 or July 1-5, 2010

**Day 1, Jun 22/Jul 1 - Istanbul**
Upon arrival to Istanbul transfer to your hotel and check-in. Relax and prepare for the cultural adventure ahead.

**Day 2, Jun 23/Jul 2 Istanbul - Canakkale (BLD)**
Visit the Blue Mosque, recognizable from its six minarets, built between 1609 and 1616 for Sultan Ahmet I and decorated inside with 21,043 tiles from Iznik in a dominant blue color; the Hippodrome where political, cultural, and sports activities took place; the Haghia Sophia which marked the apogee of Byzantine Emperor Justinian’s reign; cruise on the Bosphorus that separates Asia from Europe and connects the Marmara Sea to the Black Sea. All along the strait and on both shores, you will discover the marble Palaces of Dolmabahce, Beylerbeyi, the beautiful wooden Ottoman villas called «yali» (water-side residences), the medieval forteresses, etc. After lunch, continue to Canakkale.

**Day 3, Jun 24/Jul 3: Bursa - Istanbul (BL)**
Drive to Istanbul. Upon arrival, visit the Topkapi Palace, residence of the Ottoman sultans with its treasures, terraces overlooking the Marmara Sea, the Bosphorus and the Golden Horn... You will end the day at the historical Grand Bazaar.

**Day 4, Jun 25/Jul 4: Canakkale – Troy - Bursa (BLD)**
Visit the legendary city of Troy. Continue to Bursa, first capital of the Ottomans. Visit the «Green City»; Green Mosque and Green Mausoleum; Ulu Camii (Great Mosque) and Silk Bazaar. Overnight in Bursa.

**Day 5, Jun 26/Jul 5: Departure (B)**
Transfer to Istanbul Airport for your flight to Beirut.

**VISAS:** please check with the Lebanese Consulate in your area. For Pre- and Post-Convention tours, please check with the Turkish Consulate in your area.
Please PRINT your name as shown on your passport. This form must be accompanied by a clear copy of your passport which shows the number, date and place of issue, expiration date and your date of birth.

NAME________________________________________________________________________
First Last

ADDRESS_____________________________________________________________________
Street
City State Zip

PHONE (H)____________________ (O) ____________________________

FAX/CELL____________________ E-MAIL_____________________________________

COMPANIONS:
________________________________________________________________________ Age _______
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I am paying by : _____ Check _____ AMEX _____ Visa _____ MasterCard

CC # __________________________________ Exp ____________________
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Signature _____________________________________________________

TERMS AND CONDITIONS

INTERNATIONAL AIRFARES:
Since the convention takes place during high season, early booking is recommended to secure the most convenient flights. For fare quotes, please contact K Tours IN WRITING via e-mail stating your chosen city with dates of departure and return, and we will forward our best available offer. All names MUST correspond to those shown on your passport. We have secured a limited number of seats on several airlines leaving on June 25 and returning on July 2. Only written requests will be accepted. For more details, please e-mail to: info@khalilgroup.com.

CANCELLATION PENALTIES:
K Tours will charge a cancellation penalty of US$ 100.00 per participant if cancellation occurs after registration and prior to May 1, 2010. For cancellations received between May 1 and May 25, there will be a cancellation penalty of US$ 500.00 per person. For cancellations after May 25, there will be NO refunds. All cancellations must be received in writing by K Tours.

PLEASE RETURN BOTH FORMS TO K TOURS ACCOMPANIED BY A CHECK FOR US$ 500.00 PER PERSON, PAYABLE TO K TOURS. FINAL PAYMENT IS DUE BY MAY 1.
A 4% FEE IS APPLIED TO FINAL PAYMENTS BY CREDIT CARD.

K TOURS, 60 East 42nd Street, Suite # 816, New York, NY 10165
FAX TO 646-201-4178, Phone 866-376-9484
### Accommodations/Sightseeing Packages

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<th>Packages</th>
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<tr>
<td>Children under 12 sharing with 2 adults w/max 2 children per room each paying</td>
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### Sightseeing Package Rates

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<td>Sightseeing package per adult</td>
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<td>Sightseeing package per child under 12</td>
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<td>Optional tour to Baalbek: per adult</td>
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<td>Optional tour to Baalbek: per child under 12</td>
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<td>Pre- &amp; Post-Convention Tour: per child under 12 sharing</td>
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**Grand Total** $ 

### Hotel Packages include:

Round trip transfers from and to Beirut-Rafik Hariri International Airport/hotel for arrivals on June 25 & 26 and departures on July 1 & 2 only, 5-night accommodations at the Phoenicia InterContinental Hotel, buffet breakfast daily, 16% service charge and 10% VAT, welcome reception on June 26, gala dinner on June 30 and two luncheons. You must register for the hotel package with K Tours in order to attend any social program events such as the gala or any group tours.

### Not included in Hotel Package:

Visa fees, tips to drivers, guides, local hotel and restaurant staff, laundry, telephone calls and any other items of a personal nature.

### Sightseeing Package includes:

Transportation, entrance fees, dinners on June 28 and June 29 (excluding alcoholic drinks), local guides, VAT and service charges.

**PLEASE CHECK WITH THE LEBANESE EMBASSY TO SEE IF YOU WILL NEED A VISA!**

**PLEASE CHECK WITH THE TURKISH EMBASSY FOR VISA IF ATTENDING PRE- OR POST-CONVENTION TOUR!**

Requests received after May 1, 2010, are subject to availability and possible price increase.

**DISCLAIMER:** K Tours acts as an agent in making and securing all arrangements for transportation, sightseeing, accommodations and functions for the convention. By accepting the tickets and documents, you agree that neither NAAMA, K Tours nor any of its representatives shall be held liable for any loss or damage to you or your belongings or in connection with any accommodations, transportation or other services resulting directly or indirectly from any theft, delay or cancellation or of changes in the schedule of services. All accommodations, services and facilities are subject to the laws and customs of the country. K Tours reserves the right to make necessary changes in the itinerary or services at its own discretion in which case the sole liability of K Tours toward the client will be the refund of any fees paid. Airlines concerned are not to be held responsible for any act, omission or event during the time you are not on board the aircraft. The passage contract used by the airline involved constitutes the sole agreement between you and them, and in purchasing a passage contract as part of this conference, the participant acknowledges and accepts the foregoing conditions. NAAMA and K Tours reserve the right to alter or modify the itinerary if needed.
NAME _______________________________________________________

First   Last

Degree (MD, DO, DDS, PhD, etc.) ___________________ NAAMA Member Y / N

ADDRESS ______________________________________________________

Street____________________________________________________________

City ___________________ State, Zip

PHONE (H) ___________________ (O) ___________________

FAX/CELL ___________________ E-MAIL __________________________

COMpanions* ___________________ Age __________

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__________________________ Age __________

Please note that all participants over the age of 4 years must register and pay the registration fee.
*Participants and spouses or guests who wish to earn CME credit must pay the full convention registration fee for NAAMA members (or non-members, as applicable). The registration fee entitles individuals to benefit from the discounted group rate, the right to purchase the sightseeing package, access to the welcome reception and the scientific sessions, printed materials and coffee breaks. Note: GALA TICKETS ARE NOT INCLUDED IN CONVENTION REGISTRATION. You must register for the hotel package to attend the gala or purchase tickets separately.

Please PRINT your name as you want it to appear on your name badge:

Please note that this cancellation policy will be applied to all cancellations with no exceptions.

NAAMA has no control over flight cancellations, rescheduling or delays.

Thank You.

NAAMA’s 24th International Medical Convention
Beirut, Lebanon, June 26 - July 1, 2010

Convention Registration Form
This form is for Convention Registration Only! You must ALSO complete the K TOURS forms for hotel accommodations and sightseeing tours.

Convention Registration Fees
Deadline For Early Registration is May 1, 2010

<table>
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Grand Total (All currency USD) $ __________

Symposia (Included in Registration) Please check all you will be attending:

Cardiology   Infectious Diseases   Pathology

** Registration Fee is waived for local residents and students

All NAAMA registration fees are for scientific programs, coffee breaks and the welcome reception ONLY. You must register for the hotel package with K Tours in order to attend any social program events such as the gala or any group tours.

Total registration fee must be paid upon form submission. Checks must be made to NAAMA’s International Medical Convention and mailed or faxed with completed registration form to NAAMA.

Because NAAMA is charged a processing fee for every credit card payment, credit card payments will be charged an additional 4% fee.

Paying by: ____ Check _____ AMEX ____ Visa _____ MasterCard

CC # ______________ Exp __________ Security code __________

Signature ________________________________

Requests for cancellation must be in writing and mailed, faxed or e-mailed to NAAMA. Refunds, if applicable, will be issued after the end of the convention as follows:

75% refund if cancelled before April 15, 2010
50% refund if cancelled between April 15 and April 30, 2010
NO refund if canceled after May 1, 2010

Please note that this cancellation policy will be applied to all cancellations with no exceptions.

NAAMA has no control over flight cancellations, rescheduling or delays.
Accreditation and Designation

This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the National Arab American Medical Association (NAAMA).

The National Arab American Association is accredited by the ACCME to provide continuing medical education for physicians.

NAAMA designates this educational activity for a maximum of 16 AMA PRA Category 1 Credit(s)™ for the main scientific program (Sessions 1-10); a maximum of 5 AMA PRA Category 1 Credit(s)™ for Symposium I (Cardiac Electrophysiology); 2 AMA PRA Category 1 Credits™ for Symposium 2 (Infectious Diseases); and 10 AMA PRA Category 1 Credits™ for Symposium 3 (Surgical Pathology). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Learner Bill of Rights

The National Arab American Medical Association (NAAMA) recognizes that you are a lifelong learner who has chosen to engage in continuing medical education to identify or fill a gap in knowledge or skill; and to attain or enhance a desired competency. As part of NAAMA’s duty to you as a learner, you have the right to expect that your continuing medical education experience with NAAMA includes the following:

Content that:
- Promotes improvements or quality in healthcare
- Has been reviewed for bias and scientific rigor
- Addresses the stated objectives or purpose
- Is driven and based on independent survey and analysis of learner needs, not commercial interests
- Is current, valid, reliable, accurate and evidence-based
- Offers balanced presentations that are free of commercial bias
- Is vetted through a process that resolves any conflicts of interest of planners and faculty
- Is evaluated for its effectiveness in meeting that identified educational need

A learning environment that:
- Supports learners’ abilities to meet their individual needs
- Respects and attends to any special needs of the learners
- Is free of promotional, commercial and/or sales activities
- Is based on adult learning principles that support the use of various modalities
- Respects the diversity of groups of learners

Disclosure of:
- Relevant financial relationships that planners, teachers and authors have with commercial interests related to the content of the activity commercial support (funding or in-kind resources) of this activity.
SAVE THE DATE!

NAAMA’s 32nd National Medical Convention

Westin Times Square
New York, New York
October 8-11, 2010