



# Sound Mind, Sound Body: Advances in Medicine, and Public Health

American University of Beirut, July 1-3, 2019

## Scientific program

### Monday, July 1, 2019

Moderators: **Dr. Nidal Moukaddam, Dr. Nabil Khoury, and Dr. Hassan Fehmi**

8:30am to 9:00am	<b>Welcome and Opening Remarks</b> Fadlo Khuri, AUB President
9:00am to 9:30am	<b>Research Ethics In Humanitarian Settings And Vulnerable Populations</b> Michel Daher, MD University of Balamand, Beirut, Lebanon Saint George Hospital University Medical Center, Beirut, Lebanon
9:30am to 10:00am	<b>What's In Your Hookah? Tobacco Regulation Updates</b> Ghazi Zaatari, MD American University of Beirut, Lebanon
10:00am to 10:20am	<b>Burnout: Is Workplace Wellness Possible?</b> Nidal Moukaddam, MD, PHD Baylor College of Medicine, Houston, Texas
10:20am to 10:40am	<b>Leveraging Electronic Health Records To Manage Stress: The Experience At The Henry Ford System</b> Leila Hajjar-Nolan, MD Henry Ford Health System, MI
10:40am to 11:00am	<b>Break</b>
11:00am to 11:30am	<b>Standardizing Care For Neuropsychiatric Symptoms In Dementia</b> Tarek Rajji, MD University of Toronto, Ontario, Canada
11:30am to 11:50am	<b>Ketamine For Treatment Resistant Depression: From Research To Clinical Practice</b> Rayan Al-Jurdi, MD Brain Health Consultants, Houston, Texas
11:50am to 12:10pm	<b>Terrorism &amp; Mental Illness</b> Joseph El-Khoury, MD American University of Beirut, Lebanon
12:10pm to 12:30pm	<b>Break</b>

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12:30pm to 12:50pm	<b>Burden Of Mental Health Among Lebanese Children And Adolescents And Strategies To Improve Access To Care</b> Fadi Maalouf, MD American University of Beirut, Lebanon
12:50pm to 1:20pm	<b>Cannabinoids: The Effects Of Legalization &amp; Decriminalization</b> Iyad Daher, MD VRX labs Long Beach, California
1:20pm to 1:40pm	<b>Preimplantation Genetic Diagnosis And Screening In Assisted Reproduction</b> Fayek Nicholas Shamma, MD IVF Michigan Fertility Centers, MI, Toledo Fertility Center, OH

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### Tuesday, July 2, 2019

**Moderators: Dr. Marwan Refaat and Dr. Mouhanad Hammami**

9:00am to 9:30am	<b>Women's Health: Unique Population, Evolving Standards</b> Rola El-Serag, MD, MPH Baylor College of Medicine, Houston, Texas
9:30am to 10:00am	<b>Female Sexual Dysfunction: The Clinician New Challenge</b> Faysal El Kak, MD, MS, ACOG American University of Beirut, Lebanon
10:00am to 10:20am	<b>Sleep And Health: Chasing The Dream</b> Fidaa Shaib, MD Baylor College of Medicine, Houston, Texas
10:20am to 10:40am	<b>Fetal Origins Of Autism Spectrum Disorders</b> Hind Moussa, MD The University of Cincinnati, Ohio
10:40am to 11:00am	<b>Break</b>
11:00am to 11:30am	<b>Management Of Dyspepsia</b> Hashem El-Serag, MD, PHD Baylor College of Medicine, Houston, Texas

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11:30am to 11:50am

**Direct Oral Anticoagulants For Atrial Fibrillation: A Panacea?**

Ihab Hamzeh, MD  
Baylor College of Medicine, Houston, Texas

11:50am to 12:20pm

**Hospital Emergency Preparedness: The Golden 15 Minutes**

Eveline Hitti, MD  
American University of Beirut, Lebanon

12:20pm to 1:20pm

**Late-Breaking Oral Presentations**

- **Contraception and Reproductive Shaming of Impoverished and Refugee Individuals—Focus on Lebanon**

Dana Al-Khaled, MD  
University of Chicago Medical Center, Dep of OBGYN

- **Wealth Essentialism in Children and Adults**

Zaina Khoury, Student  
University of Michigan

- **A chart-based association study of newer antidepressant medication use and weight change in a population in Lebanon**

Paul Noufi, MD, Antoine Beayno, MD  
American University of Beirut, Lebanon

- **Attitudes, beliefs, and knowledge of substance use amongst youth in the Eastern Mediterranean region: A systematic review**

Samer El Hayek, MD  
American University of Beirut, Lebanon

- **Suicidality Among Lebanese Adolescents: Prevalence, Predictors and Service Utilization**

Evelyne Baroud, MD  
American University of Beirut, Lebanon

- **NextGen Obesity Research Project in Arab American population in MI, USA**

Suma Alzouhaily, Student  
NAAMA NextGen

1:30pm

**Sponsored Lunch At the AUB**



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**Wednesday, July 3, 2019**

**Moderators: Dr. Mounir Obeid, Dr. Imad Shbeeb**

9:00am to 9:30am	<b>Public Health Landscape In The Middle East</b> Iman Nuwayhid, MD, DrPH American University of Beirut, Lebanon
9:30am to 10:00am	<b>NAAMA NextGen</b> Rouba Ali-Fehmi, MD Wayne State University, Detroit, Michigan, NAAMA National President
10:00am to 10:20am	<b>GHATA- A Restorative Built Environment for Refugee Resilience</b> Mrs. Hala Fleihan and Mrs. Brooke El-Amine American University of Beirut, Lebanon
10:20am to 10:40am	<b>Progress In HIV Treatment Including Rapid Day ART</b> Abeer Moanna, MD Emory University, Atlanta, Georgia
10:40am to 11:00am	<b>Team-Based Approach To Diabetes Research In Arab Americans</b> Linda Jaber, Pharm D Wayne State University, Detroit, Michigan
11:00am to 11:20am	<b>Break</b>
11:20am to 11:50am	<b>Neurosurgical Options For Back Problems</b> Osama Kashlan, MD, MPH University of Michigan, Ann Arbor, Michigan
11:50am to 12:10pm	<b>Laparoscopic Placement Of The LINX System In Management Of Severe Reflux After Sleeve Gastrectomy</b> Abdelkader Hawasli, MD Wayne State University Medical School, Detroit, MI St. John Hospital, Detroit, MI
12:10am to 12:40pm	<b>The Role Of MDs And Health Care Professionals In The Pharmaceutical Industry, Driving Innovation And Adoption Of Novel Treatment Options</b>

Christelle Chacar, MD, MPH  
Ferring Pharmaceuticals, Parsippany, New Jersey

12:40pm to 1:00pm

**Arab/Chaldean American's Perspectives On Participating In Clinical Research: A MetroNet Study**

Victoria Anne Neale, PhD, MPH  
Wayne State University, Detroit, Michigan

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### Accreditation and Designation

This activity is planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the National Arab American Medical Association (NAAMA). The National Arab American Association is accredited by the ACCME to provide continuing medical education for physicians.

NAAMA designates this educational activity for a maximum of **12 AMA PRA Category 1 Credits**. Attendees should only claim credit commensurate with the extent of their participation in the activity.