

# *Practicing Medicine in an Era of Healthcare*



NAAMA 33rd International Medical Convention



# EGYPT 2024

*June 27 - July 1, 2024*

*The Cairo Marriott Hotel & Omar Khayyam Casino  
CAIRO, EGYPT*

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Nidal Moukaddam,  
MD, PhD  
*CME Director*

## *Ahlan wa Sahlan ... Welcome*

It is with great pleasure that we invite you on behalf of the National Arab American Medical Association (NAAMA) to join us at our 33rd International Medical Convention in Cairo, Egypt: "Practicing Medicine in an era of Healthcare".

NAAMA conventions and scientific symposia traditionally offer a distinctive mix of science and social activities where members and their families enjoy both the educational opportunity and relax and enjoy time with colleagues.

The Convention will be held at the Cairo Marriott Hotel & Omar Khayyam Casino, a historic palatial property and a five-star hotel located on the shores of the Nile River amid lush gardens and fascinating scenery.

In Cairo you will glimpse through a window in time into Egypt's long and majestic history where time spans through ancient civilizations into modern days. Wander through monuments that have withstood that challenge of time as well as pursuing into modern landmarks of Western-style high-rise hotels, shopping malls and apartment buildings that overlook the Nile River.

This year's scientific program theme is "Practicing Medicine in an era of Healthcare", a befitting topic for connecting with our local colleagues in Egypt to address post pandemic health and wellbeing and explore future opportunities where we join efforts towards the betterment of our profession and communities at home and abroad.

We encourage you to register early since this convention falls in the high season and we anticipate a large turnout with a very limited block of rooms.

We look forward to welcoming you in Cairo.

Sincerely

Mouhanad Hammami, MD and Elias Tawil, MD  
Convention Co-Chairs, NAAMA

## Cairo: A Journey Through Time



The Cairo Marriott Hotel & Omar Khayyam Casino is located in Egypt's exciting city center. Two towers of guest rooms overlook the palace gardens and the Nile River.

This Cairo historic hotel, housed in the palace built for the Empress Eugenie of France on the occasion of the opening of the Suez Canal, features a choice of 15 restaurants, indoor and out, and a world-class casino.

Guests can enjoy the lush gardens, the historic palace and 5-star accommodations. Relax in well-appointed rooms and suites that offer plush bedding, desks, complimentary Wi-Fi, mini-bars and 24-hour room service.

Many rooms have balconies with views of the gardens, the city, or the Nile. Upgrade to an Executive Level room with access to the exclusive lounge and perks such as free breakfast, afternoon tea and dessert.

Guests are invited to use the gym, the recently updated pool or the brand new spa.

Located in the elegant Zamalek District, close to the renowned Gezira Sporting Club, the hotel offers easy access to the nearby Cairo Tower, the Cairo Opera House, the Egyptian Museum, the Pyramids and the Sphinx.

While enjoying the hotel's 21st century comforts, take some time to follow the hotel's 145+ year story from extravagant celebrations, wartime devastation, multiple owners and ultimately the conversion from a 19th-century palace to a 5-star hotel.

Khedive Ismail built the historic Palace Al Gezira in Cairo, Egypt in 1869 to serve as a guest palace during the Suez Canal inauguration celebrations. In the years since, it has housed European monarchs, including Empress Eugenie, wife of Napoleon III, and was scheduled as the venue for the first performance of Verdi's Opera "Aida".

Today, the palace is all that remains of the estate. Many of its rooms and furniture have been preserved and restored to their historic splendor, and now serve as reception rooms and lounges. In addition, several of Von Diebitsch's original decorative elements can be seen in locations throughout the hotel.

## Social Program at a Glance

### June 27, 2024

- Evening Welcome Reception at the Marriott Hotel

### June 28, 2024

- Afternoon journey to the outskirts of the city exploring Egypt's most iconic monuments, the Pyramids of Giza and the Sphinx. Enjoy a guided tour of the Egyptian Civilization Museum.
- Evening dinner at al Azhar Park.

### June 29, 2024

- Afternoon exploration of Cairo's outstanding Islamic monuments including the Citadel, with its magnificent view over the city, the Mohamed Ali Mosque.
- Evening visit to Khan elKhalili Bazaar with dinner at the Naguib Mahfouz restaurant.

### June 30, 2024

- Afternoon sightseeing tour of Old Cairo, the earliest settled area of the city and home to several early Christian churches such as St. Samaan Church and visit the Hanging Church and Abu Serga.
- Visit the Grand Egyptian Museum (pending Museum's opening to the general public)
- Dinner on the Nile Maxim Cruise boat.

### July 1, 2024

- Adjourning of Convention activities

*Travel and accommodation arrangements are handled by K TOURS, a long-standing NAAMA partner that appreciates the different tastes of our members and is sensitive to their needs. K TOURS has a long track record in providing excellent service through many of our international conventions and symposia.*

*Airline and travel arrangements are made individually. All attendees must register with NAAMA to be included as part of the group and to receive discounts and services that are available to our group only.*

## Pre and Post Optional Tours

### Alexandria (June 24 - 27, 2024)

- June 23: Arrive to Cairo, Stay overnight at le Meridien Hotel.
- June 24: Transfer to Alexandria by car. Stay at the Four Seasons San Stefano Hotel.  
Visit the Catacombs and Pompey's Pillar.
- June 25: Visit the National Museum and the Bibliotheca of Alexandria.  
Drive through the Corniche to tour the Montazah Palace and Gardens.
- June 26: Sightseeing of Qaiet Bay Fortress and Greco and the Roman Museum.
- June 27: Depart to Cairo.

*Package includes: all transfers from airports or hotels. One night stay in Cairo upon arrival at the Le Meridien Airport Hotel, 3 nights stay in Alexandria with Breakfast, transfer from and back to Cairo, all entry fees to monuments.*

### The Nile Cruise (June 24-27, 2024)

- June 23: Arrive to Cairo, Stay overnight at le Meridien.
- June 24: Fly to Aswan.
- June 24 - 26: Sail on board the M/S Livingstone Nile Cruise from Aswan to Luxor. Visiting the High Dam, Obelisk, Temple of Philae, Kom Ombo, Edfu, Karnak and Luxor Temples, the Valley of the Kings, the Temple of Queen Hatshepsut and the Colossi of Memnon.
- June 27: Depart to Cairo.

*Package includes: all transfers from airport or hotel in Cairo and Aswan. All airfares between Cairo, Luxor and Aswan. Three nights' accommodation at the Cruise, all meals and shore excursions.*

### Alexandria (July 1 - 4, 2024)

- July 1: Transfer to Alexandria by car. Stay at the Four Season San Stefano Hotel  
Visit the Catacombs and Pompey's Pillar.
- July 2: Visit the National Museum and the Bibliotheca of Alexandria.  
Drive through the Corniche to tour the Montazah Palace and Gardens
- July 3: Sightseeing of Qaiet Bay Fortress and Greco and the Roman Museum.
- July 4: Depart to Cairo. Stay overnight at the le Meridien Hotel
- July 5: Depart to your final destination.

*Package includes: all transfers from airports or hotels. One night stay in Cairo upon arrival at the Le Meridien Airport Hotel, 3 nights stay in Alexandria with Breakfast, transfer from and back to Cairo, all entry fees to monuments.*

### The Nile Cruise (July 1-4, 2024)

- July 1: Transfer to the airport for flight to Aswan.
- July 2-3: Sail on board the M/S Livingstone Nile Cruise from Aswan to Luxor. Visiting the High Dam, Obelisk, Temple of Philae, Kom Ombo, Edfu, Karnak and Luxor Temples, the Valley of the Kings, the Temple of Queen Hatshepsut and the Colossi of Memnon.
- July 4: Depart to Cairo. Stay Overnight at le Meridien Hotel.
- July 5: Depart to your final destination.

*Package includes: all transfers from airport or hotel in Cairo and Aswan. All airfares between Cairo, Luxor and Aswan. Three nights' accommodation at the Cruise, all meals and shore excursions.*

#### Rates for pre or post tours (per person)

Nile Cruise (June 24 - 27) or (July 1 - 4, 2024)	
Single Package Adult	\$1500.00
Double Package Adult	\$1150.00
Child (sharing single or double)	\$800.00
Alexandria (June 24 - 27) or (July 1 - 4)	
Single Package Adult	\$1700.00
Double Package Adult	\$1000.00
Child (sharing Single or double)	\$600.00

For inquiries or special accommodations please call

KTOURS at 866-376-9484 or email:

[info@khalilgroup.com](mailto:info@khalilgroup.com)

KTOURS acts as an agent for NAAMA in making and securing all arrangements for transportation, sightseeing, accommodation and social functions of the convention. By making a payment, you agree that KTOURS/NAAMA or any of its representatives shall not be held liable for any loss or damage to you or your belongings or in connection with any accommodations transportation or other services resulting directly or indirectly from any theft, delay or cancellation or of changes in schedule of services. All accommodations, services and facilities are subject to the laws and customs of the country they are provided. KTOURS reserves the right to make necessary changes in the itinerary or services at its own discretion in which case the sole liability of KTOURS to the client will be limited with any fees paid.



# Convention Registration Form

NAAMA 33rd International Medical Convention

Practicing Medicine in an Era of Healthcare

Cairo Egypt, June 27 - July 1, 2024

Please submit this Registration Form along with your payment to **NAAMA**. Your submitted information will be used for your name tags.

Main Attendee Name							
Degree		Membership (choose one)	NAAMA Member		Guest		Non-Member
Address				City			State, Zip Code
Phone		Cell Phone			E Mail		
<b>Companions</b>							
Companion 1							
Companion 2							
Companion 3							
Companion 4							
Companion 5							
<b>Registration</b>	<b>Quantity</b>	<b>NAAMA Members Rate</b>	<b>Non NAAMA Members Rate</b>		<b>Total</b>		
Main Attendee		\$300.00	\$500.00				
Companions		\$100.00	\$150.00				
<b>Total Registration</b>							

- All participants over the age of 6 years must register and pay the appropriate registration fee.
- Participants and spouses or guests who wish to earn CME credit must pay the full convention registration fee as main attendees for members or nonmembers accordingly (\$300 or \$500).
- The registration fee entitles individuals to benefit from the discounted group rate for social activities and hotel reservation, access to the scientific sessions, printed materials, coffee breaks and other planned activities. Total Registration fee must be paid upon the form submission.
- Payment by check: Checks payable to NAAMA. Print this form, mail with payment to **NAAMA, 2265 Livernois Rd, Ste. 720. Troy, MI 48083.**
- Payment by Credit Card: email this form to [naama@naama.com](mailto:naama@naama.com) or fax to 248-457-5036. Credit Card payments are charged an **extra 4% processing fee.**

Payment Information (please select one)								
<input type="checkbox"/>	Check payable to NAAMA is enclosed							
<input type="checkbox"/>	Paying by credit/debit card	Card Type: ___ Amex ___ VISA ___ MasterCard ___ Discover					(an additional 4% is applicable)	
	Card Number				Expiration Date		CCV	
	Name on Card							
	Billing address if different from above							

# Hotel and Social Program Registration Form, page 1

NAAMA 33rd International Medical Convention

Practicing Medicine in an Era of Healthcare Cairo, Egypt, June 27 to July 1, 2024

Please complete this Hotel and Social Program 2-page form and send it to **KTOURS** via:

Email: [info@khalilgroup.com](mailto:info@khalilgroup.com) or Mail: KTOURS, 110-11 Queens Blvd # 18G, Forest Hills, NY 11375.

For inquiries or special accommodation please call K TOURS at 866-376-9484. Please include a \$1000 check deposit per person.

KTOURS acts as an agent for NAAMA in making and securing all arrangements for transportation, sightseeing, accommodation, and social functions of the convention. By making a payment, you agree that KTOURS/NAAMA or any of its representatives shall not be held liable for any loss or damage to you or your belongings or in connection with any accommodations transportation or other services resulting directly or indirectly from any theft, delay or cancellation or changes in schedule of services. All accommodation, services and facilities are subject to the laws and customs of the country where they are provided. KTOURS reserves the right to make necessary changes to the itinerary or services at its own discretion in which case the sole liability of KTOURS to the client will be limited with any fees paid.

Name				
Address	City, State, Zip Code			
Phone	Cell Phone	E mail		
Total number in your group (including you):	Adults:	Teens:	Children:	
<i>*Adults are those over 12 years old, children are under 12 years old</i>				
<b>Hotel Registration: The Cairo Marriott Hotel and Casino (June 27- July 1), prices are per person</b>				
<b>Package Type</b>	<b>Rate for 4 nights</b>	<b>Quantity</b>	<b>Bed Preference</b>	<b>Total</b>
Single Package (1 adult, Single occupancy room with one bed)	\$1700.00		___ King ___ Queen	
Double Package (2 adults occupancy room with one or two beds)	\$1400.00		___ 1 Queen ___ 2 Twin	
Child (under 12y sharing a single or double package with adult)	\$600.00	(1 child Max)		
Diplomatic Suite upgrade (for 4 nights)	\$650.00 extra			
Nile View Room upgrade (per stay)	\$150 extra			
<b>Grand Total</b>				

Connecting rooms are available on a limited basis upon request.

Hotel policy allows only one child maximum to stay with one or two adults. Those wanting to accommodate more than one child or to have triple occupancy upgrade to a suite. Call K TOURS for special arrangements.

Package Includes:

- Transfer from and to the airport, meet and assist.
- Four nights' stay including breakfast and 28.8% tax and service charge at the Cairo Marriott Hotel (June 27 to July 1), extra nights before or after can be arranged upon request.
- Access to the Welcome Reception on June 27, 2024.
- All Tours and scheduled dinners as stated in the program.

**Rates deadline:** **May 1<sup>st</sup>, 2024.** Rates and availability will vary after the deadline. Rooms will be assigned on a first come first served basis and availability upon registration. A limited number of rooms are available. Early booking is highly recommended.

**Cancellation Policy:** Fully refundable until May 1st, 2024. After May 1st a \$200 Fee per package is applied. NO refund after May 23.

## Hotel and Social Program Registration Form, page 2

Pre/Post Convention Registration, **prices are per person**

Alexandria (June 24-27)	Rate per person	Quantity	Total
Single Package	\$1700.00		
Double Package	\$1000.00		
Child (under 12 sharing a single or a double with adult)	\$600.00		
<b>Nile Cruise (June 24-27)</b>			
Single Package	\$1500.00		
Double Package	\$1150.00		
Child (under 12 sharing single or double with adult)	\$800.00		
<b>Alexandria (July 1 - 4)</b>			
Single Package	\$1700.00		
Double Package	\$1000.00		
Child (under 12 sharing single or double with adult)	\$600.00		
<b>Nile Cruise (July 1-4)</b>			
Single Package	\$1500.00		
Double Package	\$1150.00		
Child Under 12 (sharing single or double with adult)	\$800.00		
<b>Grand Total</b>			

Payment Information (please select one)					
<input type="checkbox"/> Check payable to KTOURS is enclosed					
<input type="checkbox"/> Paying by credit/debit card Card Type: <input type="checkbox"/> Amex <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover (an additional 4% is applicable)					
Card Number		Expiration Date		CCV	
Name on Card					
Billing address if different from above					

Pre and Post Tours sell fast and will be available on a first come first served basis, please register as early as possible.

Please complete the Hotel and Social Program 2-page form and send it to **KTOURS** via e mail at [info@khalilgroup.com](mailto:info@khalilgroup.com) or by mail to: K TOURS, 110-11 Queens Blvd # 18G, Forest Hills, NY 11375. For inquiries or special accommodation please call K TOURS at 866-376-9484.

Please include a \$1000 check deposit per person. **Deadline May 1<sup>st</sup> 2024.** After that rates and availability may vary.

**Cancellation policy:** Fully refundable until May 1st, 2024. After May 1st a \$200 Fee per package will be applied. NO refund after May 23. Please contact KTOURS directly for cancellation request.

# Practicing Medicine in an Era of Healthcare

Keeping up with NAAMA's tradition of providing state of the art opportunities for knowledge sharing and collaboration across disciplines, this year our Convention Scientific Committee presents "Practicing Medicine in an Era of Healthcare". A befitting topic for connecting with our colleagues from across the world in private and academic institutions in the US and in Egypt.

The scientific program evolves around four major themes:

- Maternal and Child Health
- State of Wellness and Chronic Disease Management
- Medical Education, Innovation and the Practice of Medicine
- The Intersection of Primary and Specialty Care

We are proud to announce that we are featuring several local, national and international experts in the field to share their knowledge and expertise as keynote speakers.

NAAMA is equally proud to feature abstracts and presentations

submitted by national and international speakers covering a wide variety of topics including:

- Mental health
  - Opioid use disorder
  - Cannabis
  - Depression
- Women's healthcare
  - Preventive care starts early! Your OB-GYN is not your PCP
  - Menopause and cognitive function
- Optimizing surgical outcomes
  - Peri-operative optimization
  - ERAS/near and long term outcomes
- Obesity & Diabetes
  - Ozempic and Mounjaro versus surgery

Abstract submission is available at our website [www.naama.com](http://www.naama.com)

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**National Arab American Medical Association (NAAMA)**  
**2265 Livernois Rd. Suite 720 Troy, MI 48083**  
**Tel. 248-646-3661**  
**Fax. 248-457-5036**  
**[www.naama.com](http://www.naama.com)**

## Program Objectives

The content of this educational program was determined by rigorous assessment of educational needs. This activity is intended for physicians in training, medical students and other healthcare professionals.

Attendees will experience Content that:

- Promotes improvements or quality in health care.
- Has been reviewed for bias and scientific rigor.
- Addresses the stated objectives or purpose.
- Is driven and based on independent survey and analysis of learner needs, not commercial interests.
- Is current, valid, reliable, accurate and evidence-based.
- Offers balanced presentations that are free of commercial bias.
- Is vetted through a process that resolves any conflicts of interest of planners and faculty.
- Is evaluated for its effectiveness in meeting that identified educational need.
- Supports learners' abilities to meet their individual needs.
- Respects and attends to any special needs of the learners.
- Is free of promotional, commercial and/or sales activities.
- Is based on adult learning principles that support the use of various modalities.
- Respects the diversity of groups of learners.
- Ensures disclosure of any relevant financial relationships that planners, teachers and authors have with commercial interests related to the content of the activity commercial support (funding or in-kind resources) of this activity.

## Accreditation and Designation

This activity is planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the National Arab American Medical Association (NAAMA). The National Arab American Association is accredited by the ACCME to provide continuing medical education for physicians.

NAAMA designates this educational activity for a maximum of **12 AMA PRA Category 1 Credits**. Attendees should only claim credit commensurate with the extent of their participation in the activity.