NAAMA Newsletter

June 1, 2018

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Message from the President

Dear NAAMA members,

A lot has been happening at NAAMA.

NAAMA is embarking on a research initiative. We received a grant funding to conduct a study on obesity in the Arab American community. This will be a landmark study that is pretty much needed and NAAMA is stepping up to the task. NAAMA members interested to participate as investigators are welcome to submit their contact information to the office. We will be reaching back to you soon.

The NAAMA Education Committee secured funding for an endowed lectureship program. Under the leadership of Dr. Omar Lattouf, The Committee announced the 1st Annual Jerusalem lecture on Cardiovascular Disease.

Finally, I am proud to introduce to you "NAAMA NexGen".

We realize the importance of paving the way for NAAMA into the future. Our NAAMA next generation members are starting to establish NAAMA NextGen clubs and chapters in their colleges and universities.

NAAMA NextGen students will have many opportunities through these chapters. This includes but is not limited to volunteering in free clinics, the ability to partake in clinical translation research, access to mentors, and the opportunity to participate in the cultural/exchange programs in the Middle East. We are committed to the success of this initiative and we stand ready to assist anyone interested to start a NextGen club or chapter, please let us know.

One last thing, do not forget to renew your membership.

Rouba Ali-Fehmi, M.D. naama@naama.com







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NAAMA Chapters

Established in 1997 at the WSU School of Medicine by the Arab and Chaldean American Physicians and Medical Students Fund Committee, the Ibn Sina Endowed Scholarship has recognized Arabs' and Chaldeans' pivotal contributions to medicine, while providing the necessary funds to assist medical students with their financial needs. Preference for the scholarship is given to members of the National Arab American Medical Association (NAAMA). To learn more about the scholarship and how you can help, click <u>here</u>.





NextGen News

NAAMA NextGen is an incubator /chapter in NAAMA (National Arab American Medical Association) which is geared towards enhancing the careers of young undergrad and graduate innovators/ students in their 20's empowering them to play a key role in healthcare advocacy and community service. As a part of a national organization, NAAMA NextGen focuses on promoting the professional and social goals of American medical and dental students and residents of Arab heritage. To learn more about NextGen and their recent activity click <u>here</u>.



NextGen Summit

On May 12, 2018, NextGen held their first annual summit. The event was intended to be a workshop geared towards NAAMA NextGen members. To read more about NextGen's first annual summit and view pictures from the event, click <u>here</u>.

Obesity Research

Obesity is currently considered the most prevalent nutritional disorder of children in the United States. It is also a major public health crisis all over the world. It causes a wide range of serious complications and increases the risk of premature illness and death later in life, which is raising the public-health concerns. Our first step will be raising the knowledge of Arab Americans about the risk of obesity and the importance of healthy diet, screen time, and physical activity. Next steps will take in consideration identifying and establishing the right interventions that might help to keep the health and wellbeing of our community. NAAMA has received a grant funding a new obesity research that will help educate our population on the potential dangers that obesity presents.

To learn more about obesity in the Arab American community please click <u>here</u>.

AUB Program July 9 - July 28

NAAMA is pleased to announce a summer program for NAAMA youth on the campus of the American University of Beirut (AUB). The program is offered in collaboration with the AUB's Office of Alumni Relations.

Click here for Online registration.

Click <u>here</u> for more information about this program.







NAAMA's 40th National Convention September 1-3

In the face of the ever-increasing complexity of healthcare, the hard work, and the best intentions of individuals, providers can no longer guarantee achievement and highquality care. Despite the tremendous advances in medicine and technology, healthcare providers are not engaged in the current scientific revolution and are sluggish in their outreach to the community, one that they have always strived to serve

To move beyond the anguish and propel forward, the vision and the conversation should be shifted to something more progressive, noble and affirmative. This year, the NAAMA 40th National Convention will be held in Detroit, Michigan, from September 1-3. The mission is to articulate a vision of what lies on the other side, that is driving meaningful change and community engagement.

Click here for Online Registration

<u>Click here to Submit an Abstract or Presentation Summary</u> Read More

Upcoming Events

Here are some upcoming events for NAAMA! Click the links to learn more.

<u>Professional Development Seminar – Costa Rica</u> <u>NextGen Cultural Summer Program - Beirut</u> <u>NAAMA National Convention – Detroit</u> <u>ACCESS Arab Health Summit – Washington D.C.</u> NAAMA International Convention – Cairo, Egypt June 15-20 July 9-28 September 1-3 September 16-19 December 27 – January 1

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