



NAAMA 47TH NATIONAL MEDICAL CONVENTION

**THE POWER OF OUR PAST, THE PROMISE OF OUR FUTURE:
MEDICINE, CULTURE, AND ADVOCACY
IN WASHINGTON D.C.**

Park Hyatt Hotel
Oct 10 - Oct 12 2025

Welcome

It is with great pleasure that I welcome you to Washington, DC for our 47th annual convention.

The NAAMA National Convention has long been a cornerstone event in our organization's agenda, evolving into an annual professional and family tradition. This year, we aspire to further enrich your professional journey while creating lasting memories with colleagues, family, and friends.

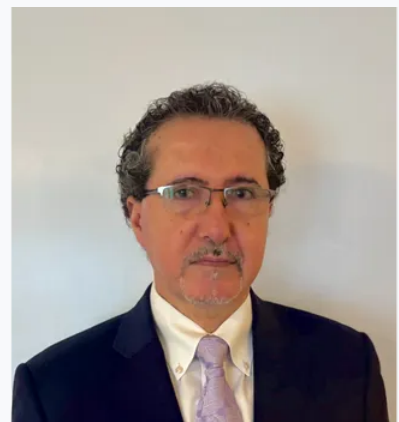
Our program features world-renowned professors, distinguished physicians, and accomplished scientists. We trust that you will find great value in each session offered during the two-day scientific program.

We have carefully planned multiple events to foster member engagement while ensuring you receive the CME credits required. Additionally, two days of tours are available for families, along with an enjoyable river cruise on the Potomac River.

During the Gala, we will honor outstanding medical and community leaders and continue our tradition of celebrating our organization and its members. We are also pleased to introduce the new generation and support their path to future leadership within NAAMA.

Should you have any questions or comments, please do not hesitate to contact any member of the organizing committee.

*Nasser Abu Sitta, MD
Convention Chair*



مرحباً

Dear Colleagues and Friends,

It is with great warmth and gratitude that I welcome you to Washington, D.C., for the 47th National Medical Convention of the National Arab American Medical Association (NAAMA). Thank you for making the journey to join us—whether you are local, from across the country, or from around the globe. Your presence here reflects both your dedication to NAAMA’s mission and your commitment to advancing healthcare in our communities.

This year’s theme, “The Power of Our Past, the Promise of Our Future: Medicine, Culture, and Advocacy in Washington, D.C.,” highlights both our proud legacy and our vision for the future. For more than 46 years, NAAMA has united Arab American healthcare professionals around education, service, and humanitarianism. Together, we have advanced excellence in medicine while extending compassion to those most in need.

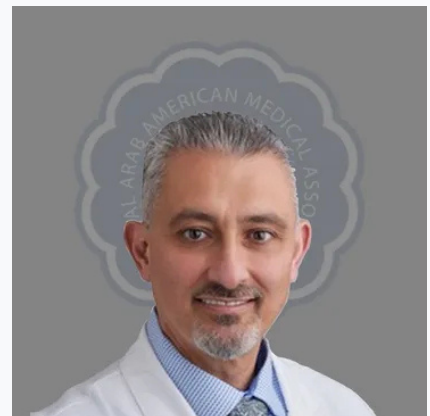
I extend heartfelt thanks to our distinguished speakers who have graciously dedicated their time and expertise to enrich our program. Their contributions ensure that this gathering is not only a time of fellowship, but also one of learning, growth, and inspiration.

This convention continues NAAMA’s mission by offering a rich scientific program, valuable CME opportunities, poster presentations from emerging professionals, and community gatherings that celebrate both our achievements and our shared identity.

I am especially grateful to our Convention Chair, Dr. Nasser Sitta, our dedicated Organizing Committee, volunteers, and supporters, whose tireless efforts have brought this meeting to life. Finally, I thank each of you for being here—your participation strengthens NAAMA and helps shape the future of our profession.

On behalf of NAAMA, I warmly welcome you to this convention. May these days inspire learning, connection, and collaboration, and may they reaffirm the important role we all share in advancing health, medical education, and humanitarian service. With warm regards,

*Raed Al-Naser, MD
President, NAAMA*





Hello
Friends

Dear Convention Attendees,

In keeping with NAAMA's mission of philanthropic and service activities, I'm thrilled to share with you that the NAAMA Foundation Board has chosen two worthy causes to support during our upcoming Foundation Night:

Eye Bank Association of America (EBBA): Establishing an eye bank in Syria to restore sight and hope.

Atlantic Health Relief (AHR) Restoring Sight Project: Performing 50 corneal transplants (\$500 each) and 50 cataract surgeries (\$300 each) to bring life-changing vision care to those in need.

Both organizations are reputable 501(c)(3) non-profits dedicated to making a difference.

During Foundation Night, we'll share more about these initiatives and their impact. Your generosity will help bring sight and hope to Syrians who've endured hardship. Let's come together to make a meaningful difference!

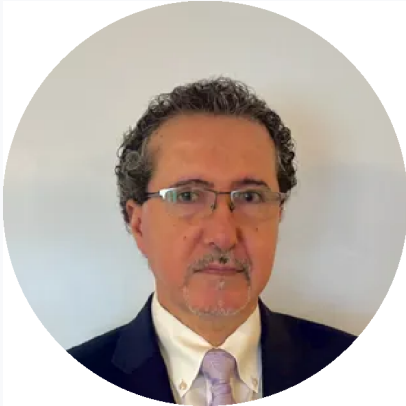
Thank you for your compassion and support.

Best regards,

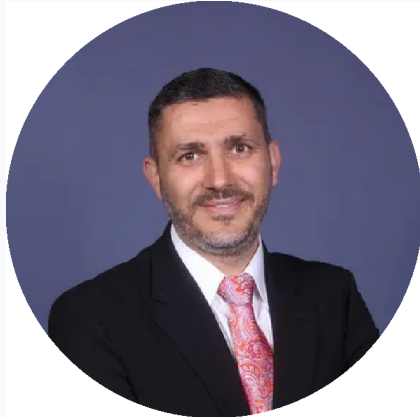
*Imad Shbeeb, MD FASCRS
NAAMA Foundation Chair*



Convention Committee



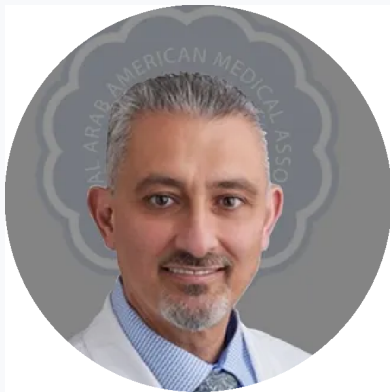
Nasser Abu Sitta, MD
Convention Chair



Yassine Daoud, MD
Scientific Co-Chair



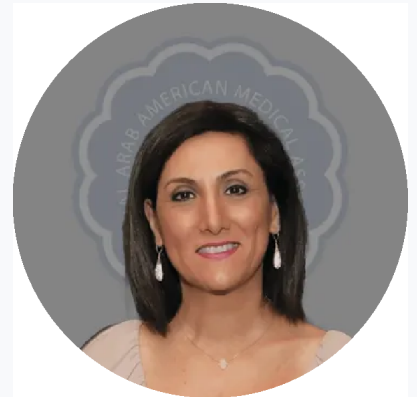
Ali Bydon, MD
Scientific Co-Chair



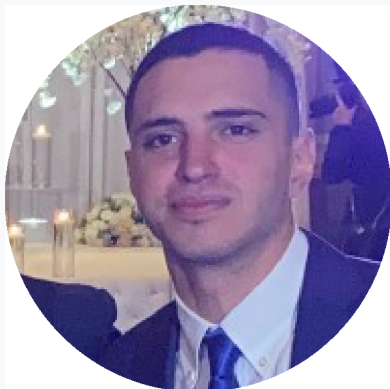
Raed Al-Nasser, MD
NAAMA President



Nidal Moukaddam, MD, PhD
CME Director & NAAMA VP



Rouba Samman
NAAMA Manager



Farris Sitta
IT Manager

Hania Sitta
Auxiliary Chair

Convention Speakers



Ramsey Abu Sitta, MD, MS
Speaker



Marie Rose Alam, MD
Speaker



Zaina Al-Mohtaseb, MD
Speaker



Mohammad Barazi, MD
Speaker



Mazen Bedri, MD
Speaker



Hassan Bencheqroun, MD
Speaker



George Bitar, MD
Speaker



Ali Bydon, MD
Moderator/Speaker



Youssef Comair, MD
Speaker



Yassine Daoud, MD
Moderator



Zayd Eldadah, MD, PhD
Speaker



Heba Elzawahry, MD
Speaker



Tariq Haddad, MD
Speaker



Dina Hamideh, PhD, MS
Speaker



Rani Hasan, MD
Speaker



Elias Melhem, MD, PhD
Speaker



Nidal Moukaddam, MD, PhD
Speaker

Convention Speakers



Mustafa Musleh, MD
Speaker



Samer Najjar, MD
Moderator/Speaker



Hareth Raddawi, MD
Speaker



Jamla Rizek, RN
Speaker



Osama Sabbagh, MD
Speaker



Abdul-Rahman Salman, M4
Speaker



Ali R Salman, MD
Speaker



Abdelghaffar Salous, MD, PhD, MSc
Speaker



Bahaeddin Shabaneh, MD
Speaker



Ismail A Shalaby, MD, PhD
Speaker



Nawar Shara, PhD
Speaker



Elias Shaya, MD
Moderator/Speaker



Gabe Shaya, MD
Speaker



Wesam Silk, MD
Speaker



Farah Tabaja, MD
Speaker



Souraya Torbey, MD
Speaker



Sami Tuffaha, MD
Speaker

Scientific Schedule **Day 1**

10/11/2025

08:00-08:03 Welcoming Remarks Raed Al-Naser, MD
NAAMA President

08:03 -08:10 Opening Remarks Ali Bydon, MD & Daoud Yassine, MD
Scientific Co-Chairs



Session A Psychiatry

Moderator Dr. Elias Shaya

08:10 -08:30 Elias Shaya, MD
Mind Your Language

08:30 -08:50 Souraya Torbey, MD
Neurodevelopmental Insights: An Exploration of Autism Spectrum Disorder.

08:50 -09:10 Nidal Moukaddam, MD, PhD
Frontiers in Psychiatry: Leveraging Technology for Health

09:10 -09:30 Farah Tabaja, MD
Psycho-Oncology: The Intersection Between Psychiatry and Cancer.

09:30 -09:50 Marie Rose Alam, MD
State Hospitals: The Ugly Duckling

09:50 -10:05 Q & A

10:05-10:20



Coffee Break



Session B Advocacy in Medicine

10:20 -10:40 Bahaeddin Shabaneh, MD
The Power of Networking: The Journey of JAPA

10:40- 11:00 Ramsey Abu Sitta, MD, MS
The Case for Physician Unionization: How Collective Advocacy Can Fix a Broken System.

11:00- 11:20 Hareth Raddawi, MD
The Power of Our Past in Arab Medicine & Science, the Promise of Our Future in Arab American Leadership.

11:20- 11:40 Heba Elzawahry, MD
Racism in Medicine

11:40- 12:00 Q & A

12:00-13:00



Lunch



Session C Cardiology

Moderator Dr. Samer Najjar

13:00-13:20 Samer Najjar, MD
Successes in Heart Failure and the Challenges that Persist.

13:20-13:40 Rani Hasan, MD
Transcatheter Structural Heart Disease Interventions.

13:40-14:00 Tariq Haddad, MD
Controversies in Preventive Cardiology

14:00-14:20 Gabe Shaya, MD
Coronary CT angiography in the evaluation of stable coronary artery disease.

14:20-14:40 Zayd Eldadah, MD, PhD
Atrial Fibrillation.

14:40-15:00 Q & A

Scientific Schedule Day 2

10/12/2025



Session A Surgery & Anesthesiology

Moderator Dr Ali Bydon

08:00- 08:20 **Elias Melhem, MD, PhD**

MRI-Guided Focused Ultrasound in CNS
Translation of Research to Clinical Practice.

08:20- 08:35 **Ali Bydon, MD**

Cervical myelopathy: surgical management.

08:35- 08:50 **Youssef Comair, MD**

Updates on Brain Tumors management.

08:50- 09:05 **George Bitar, MD**

Plastic and Cosmetic surgery.

09:05- 09:20 **Mazen Bedri, MD**

Evolution of Breast Reconstruction.

09:20- 09:35 **Abdelghaffar Salous, MD, PhD, MSc**

The Evolving Landscape of Hand Surgery.



Session B Wartime Medicine

09:35- 09:50 **Jamla Rizek, RN**

The Role of Nurses in Public Health and
Disaster Response.

09:50- 10:10 **Mustafa Musleh, MD**

Telemedicine in Wartime.

10:10- 10:25 **Dina Hamideh, PhD, MS**

The Pressure of Living Under Military
Occupation.

10:25-10:45 **Sami Tuffaha, MD**

Nada's Story - Functional Extremity
Reconstruction.

10:45- 10:55



Coffee Break



Session C AI, Healthcare Administration

Moderator Dr Ali Bydon & Dr Elias Shaya

10:55-11:15 **Nawar Shara, PhD**

Empowering Mental Health: AI-Powered
Solutions and LLM-Chatbots for Symptom
Management.

11:15-11:35 **Hassan Bencheqroun, MD**

The Ethics of AI in your medical practice: First,
Do No Harm: To Patients or the Planet.

11:35- 12:00 **Zaina Al-Mohtaseb, MD**

National Leadership in Academic vs. Private
Practice.

12:00-13:00



Lunch



Session D Ophthalmology

Moderator Dr. Yassine Daoud

13:20-13:35 **Ali R. Salman, MD**

Eye Emergencies.

13:00-13:20 **Ismail A Shalaby, MD, PhD**

Dry Eye disease.

13:35-13:50 **Osama Sabbagh, MD**

Ophthalmic Trauma in Times of Conflict:
Lessons from Gaza and Lebanon.

13:50- 14:05 **Wesam Silk, MD**

Office-Based Cataract Surgery: Innovation,
Safety, and Efficiency.

14:05-14:20 **Mohammad Barazi, MD**

A Retinal Specialists thought on GLPs.

14:05-14:20 **Abdul-Rahman Salman, M4**

Ophthalmology Update on Cataract Types and
Intraocular Lens Implantology.

14:40-15:00 **Q & A**

CME Credits & Disclaimer

This activity is planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the National Arab American Medical Association (NAAMA).

The National Arab American Association is accredited by the ACCME to provide continuing medical education for physicians.

None of the planners or speakers have any conflict of interest.

NAAMA designates this educational activity for a maximum of **11.5** AMA PRA Category 1 Credits™. Attendees should only claim credit commensurate with the extent of their participation.

Stay tuned for the announcement
of the
2026
National & International
Conventions

National Arab American Medical
Association

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